

Carson City Health and Human Services
Chronic Disease Prevention and Health Promotion Section Report
Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease

August 15, 2019

New Staff in the Chronic Disease Prevention and Health Promotion

No new staff

Staffing Matrix for Chronic Disease from State of Nevada Department of Public and Behavioral Health

- Toni Orr is 100% grant funded from the Tobacco CDC Core grant, Funds for Healthy Nevada grant and a Public Health Preparedness grant.
- Diabetes Funding – \$12,000/year (MOU from Dignity Health – Through DPBH) – Portion of part Time Public Health Nurse – Celeste Pierini.

Programming

Diabetes Prevention and Control Program

- CCHHS staff met with Carson Medical Group (CMG) in May 2019 to discuss the barriers they and their clients experience with regard to access to CDC-recognized DSME/DPP courses and payment sources. The Diabetes Coordinator Manager stated that the biggest barriers he experiences is lack of payment from Medicaid for DPP and difficulties that their clients experience when they require blood glucose monitoring equipment, namely due to payment.
- CCHHS met with the Washoe Tribe Diabetes Coordinator to discuss their recently launched Diabetes Prevention Program (DPP). Discussion included how CCHHS can help promote their course to health care providers discussed and a copy of their advertising flyer was emailed to CMG.
- Met with Mark and Victoria from Dignity Health (Southern Nevada) at CCHHS. A driving tour of locations within CCHHS's jurisdiction was done. This was an important visit so they understand the rural nature of the locations where our clients live; this will help our partners to understand some of the transportation or resource barriers we face.
- The *Healthcare Provider Barrier to Diabetes/Prediabetes Course Referrals* survey was successful in that we received 15 responses from varying health care providers. Although this amount was not robust, it met the SOW requirements.
- A resource guide was created and forwarded to Dignity Health to have it created in a booklet form.
- An asset map was completed for the jurisdiction. This included healthcare facilities, community health nurses, community health organizations, state resources, and social service agencies. The assets were collected based on the prevention of or treatment of chronic diseases related to diabetes, prediabetes, elevated cholesterol, and cardiovascular disease.



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Tobacco Prevention and Control Program

- Youth tobacco presentations to Carson High School 482 students.
- Presentation to Carson City School Nurses on e-cigarettes.
- Presentation to Orvis Nursing Students on e-cigarettes for Sheila Story Chief School Nurse.
- Social Media Campaign with Washoe County Health District and KPS3 for smoke-free workplaces and dangers of 2nd hand smoke, smoke-free multiunit housing.
- Staff participated in the Western Nevada College (WNC) Bee Habitat Project Grand Opening – Family Day, Junior Giants Sporting Event, Boys and Girls Club Cops and Kids, and Safe Grad at Carson High School with Tobacco prevention and cessation were discussed with youth and parents. The e-cigarette display was available.
- Staff continues to participate on the WNC Healthy Campus and Environment Committee. This Committee was responsible keeping WNC 100% smoke free campuses.
- Actively participating on NTPC general, board and policy groups.
- Collaborated with partners from Nevada Cancer Coalitions and American Heart Association to provide education to the legislators and policy makers about Nevada’s tobacco use facts; the dangers of smoking, vaping, and secondhand exposures; and the epidemic of tobacco use in our youth.
- Spoke to boards of Parks and Open Spaced about smoke-free parks. Tabled for future meetings.

Other Programming within the Health Department Assisting With Chronic Diseases

Community Health Worker (CHW) Program

The CHW continues to be a member of the Carson City’s Forensic Assessment Services Triage Team (FASTT) and goes into the jail every Tuesday. The CHW inputs information into a database and follows up with individuals released from jail to help them get their medical and social needs met.

Ryan White Retention in Care Program

- CCHHS’ Ryan White Retention in Care program is contacting individuals that have been identified by the State of Nevada as being out of care for HIV in the rural and frontier counties of Nevada. CCHHS receives a grant to perform these services.
- For the 1st quarter of the grant (April, May, and June 2019), clients received 203 services within the Health & Wellness Engagement/Re-Engagement category and the General Monitoring category. The clients may have been serviced more than once.
- Of the 97 clients contacted, 97% had labs drawn and 88% have achieved viral suppression.
- Of the 97 clients contacted, 38 completed enrollment into the Ryan White program, 15 clients did not recertify into the program, and 44 were actively enrolled in the program and either brought back into care and prevented from lapsing in care



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- The Treatment Adherence Counselor attended Sassabration in July 2019 along with staff from the State of Nevada and distributed 400 safe sex kits.

Other Health Department News

- CCHHS Annual Report has been completed.
- CCHHS is currently working on the Strategic Report
- The Community Health Improvement Plan (CHIP) priorities are:
 - Access to Healthcare,
 - Affordable Housing (A subcommittee of the Carson City Behavioral Health Task Force was in existence)
 - Behavioral Health and Substance Abuse (Carson City Behavioral Health Task Force was in existence; Tobacco Prevention and Control Program in existence at the Carson City Health and Human Services)
 - General Workforce; and
 - Nutrition – Food Insecurity and Access.

Each priority subcommittee continues to work on their objectives.

An evaluation mechanism is being developed to monitor progress on the CHIP objectives.

